



# How to improve Grit, Growth Mindset and Self Control WL

	Grit	Growth Mindset	SCWL
What you can do	<p>Know your targets.            Know your forecasts.            Know your college entrance grades.            Revise the hard stuff.            Don't miss questions out.</p>	<p>Believe you can do it and talk that way.            Revise by doing things – purposeful practise.            Ask for feedback.            Use the feedback to improve your work.</p>	<p>Be organised – make revision folders and revision timetables.            Leave your phone in another room whilst you study.            Keep up to date.</p>
What your teachers look for	<p>Everything completed.            Staying focused during longer tasks.            Evidence of revision.            Not giving up.</p>	<p>A positive attitude.            Trying your best.            Independent work.            Asking for feedback.            Improving your work.</p>	<p>Homework in.            Classwork complete.            Equipment and other resources in the lesson.            Evidence of revision.</p>

