

If you are worried that your child is being bullied, call school and encourage them to speak to someone they trust.

You/they can contact staff by e-mail

Other contacts include:

Childline 0800 11 11
Childline.org.uk (confidential helpline)

NSPCC 0808 800 5000
Nspcc.org.uk
(National charity specialising in supporting children in all forms of abuse)

Kidpower.org
(Practical skills for dealing with bullies - help for kids and parents!)

Bullying.co.uk
(Help and advice for victims of bullying)

Thinkuknow.co.uk
(Staying Safe Online)

STEYNING GRAMMAR SCHOOL

Headteacher: Nick Wergan



Anti Bullying

Don't Hide Away

... Just Say!

Working with Parents and Carers...



We define bullying as ...
Hurtful and harmful behaviour by one or more people towards others

This can include:

- VERBAL** name calling, teasing, spreading rumours, manipulating someone to do something they don't want to do
- NON-VERBAL** ignoring people, leaving people out, following people, making faces
- PHYSICAL** hitting, pushing and shoving
- SEXUAL HARASSMENT** unwanted verbal or physical actions that could make people feel uncomfortable
- HOMOPHOBIC** the school will not tolerate any form of homophobic bullying
- RACIAL** deliberately causing offence to someone because of the colour of their skin, their religion, culture or ethnic background
- CYBER** texting, emailing, using social networking sites like Facebook and the VLE

Bullying can be continued by friends of the bully

Definitions agreed by Student Anti-Bullying Working Party

Signs of Bullying:

Bullying can bring changes in your child's behaviour such as:

- Being frightened or anxious about the journey to school (e.g. walking or on the buses)
- Not wanting to be in school
- Falling behind in school work
- Being unhappy or withdrawn
- Not talking about their problems

Our Aim:
Is to encourage everyone in our school to feel safe and be safe, to look after those that are being bullied and to encourage bullies to change their behaviour

Once we are made aware of an incident, we will ensure that...

- All incidents are dealt with. This will either be by their Form Tutors, Head of Year or by a senior member of staff, depending on the severity and circumstances of the incident
- Bullies receive an appropriate sanction
- All incidents are dealt with sensitively
- Parents are involved

Please encourage your child to understand that it is the right thing to do to let somebody know that someone is being bullied.